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## TALES FROM MY BANK OF BAD HABITS

Today is October 1<sup>st</sup>, a little gray, rainy and 50 degrees. Just what we need after a hurricane and enough rain to last the next ten years. Well, at least we can look forward to the leaves turning shades of yellow and red before we have to spend our spare time raking them. Oh well, guess it's better than another hurricane.

Not a lot of business to talk about this month. We are still looking for a permanent home for our Long Island happy hours, and we certainly would welcome any suggestions and help from all of you. If you think you have found a great location, let Ralph or Ray know and they will check it out.

I'll send out full details on our 20<sup>th</sup> Anniversary Party by email later in the month. We would also like to put together a group of Metros to work on the planning and execution of the party. If you would like to help or have any thoughts, let me know.

Meeting of the Minds is coming up in just over a month, and we have arranged a Metro happy hour in Key West at the new Smokin Tuna Saloon on Friday, starting at 10:30 AM. Why so early? Well, the Streetfest starts at 1PM on Duval Street and the Smokin Tuna Saloon is just a block away, that's why. I ran into Scott Kirby a few weeks ago and he said he is one of the new owners and its very parrot head friendly. And to set the mood for the day, the talented John Frinzi will be playing an acoustic set for Metro there, starting at 11:00 AM. By the way, we have 70 Metros attending.

Metros who are attending Meeting of the Minds have already received information on ordering our 20<sup>th</sup> Anniversary T-shirts. They have to get their orders in by October 10<sup>th</sup> to get the shirts in time to MOTM. But in this newsletter you will find a proof of the shirts and full details on how you can order them. The color we chose is lagoon blue, actually a deep tropical turquoise. I'm telling you this because sometimes colors look a little different on your computer screen than they do on the actual shirts. We weren't able to get long sleeve shirts in time for MOTM, but I don't think anyone would need them in Key West. You will have the option to order both short and long sleeve. We won't inventory these shirts, and they will be available by special order only, and the deadline for you to order will be November 5<sup>th</sup>. You will receive the shirts by the end of November. We may order again next year, but we have no plans for that yet, so if you want one, order it with the order form in this newsletter by November 5<sup>th</sup>.

See you in Key West !  
Dave Pohorylo

# ***TIKI BAR #7***

This month Scott Kirby has stopped by and shared some of his thoughts with us:

1) What is your favorite drink? I love smoothies in the morning, Blueberries, Banana, Blueberrie/pomegrant juice and a little OJ and lime juice. Awesome Particularly if I had a bit of good whiskey or Patron and a little OJ the night before.

2) If we looked into your cd collection what artists would we find? I grew up with the Beatles in the 60;s and then the incredible generation of singer/songwriters that came along in the 70's and I still listen to all those folks. I listen to the most music these days on satellite radio when I'm on the road and the dial might be on anything from Radio Margaritaville to jazz to the Sinatra station, and even song classical stuff.

3) How many instruments do you play? Acoustic guitar is my main instrument and I also have played bass guitar in a band. I can also play the drums and piano a little bit. I also play the harmonica some.

4) Did you have any formal training? I had one year of drum lessons when I was 9 or 10. I never had any guitar lessons growing up and cannot read music. I did go to a voice coach here in Key West every week for about a year.

5) At what age did you realize that you wanted to play TropRock music? I've been playing guitar for forty plus years and writing songs for over twenty and never really heard the term trop rock until a few years ago, so I had already settled on a style before I even heard that term. I write a lot of songs that are inspired by the coast but am not sure if some of my music is considered trop rock or not.

6) Who do you enjoy playing with? I've had a chance to play with some great musicians. I recorded my last CD with Russ Kunkel, Leland Sklar, Dean Parks and Jay Oliver so that was a fantastic experience. I also played in a show a few years back called Islandfest ,which included most of the Coral Reefers and that was great fun. I think we did 6 or 8 of those shows. Peter Mayer and I have been on the road a number of times and that is always amazing and Dave Edmisten has been playing with me for 5 years and he is an incredible played and singer and a great guy to travel with.

I also have played over the years with 3 great fiddle players, Lew London, Emily Leeder and Bobby O'Donovan and my old friend Gabriel Donohue who is a brilliant multi instrumentalist. I also occasionally play with Gary Green who is a tremendous harmonica played and childhood friend. Matt and Andy Thompson of The Massacoustics are great players and we've worked a bit together as well.

7) We love to see you play in Key West. Is it as much fun for you as it is for us? If I'm in good voice I really enjoy playing. However, if you're not feeling well, or have a sore throat or head cold trying to sing can be a struggle. Thank goodness those nights are few and far between.

8) Where is your favorite vacation spot? I really want to spend some more time in Europe in the next few years, but it would be hard for me to pick one favorite place. It depends on my mood and the time of year.

9) Name 5 of your favorite places to play. That is also difficult to answer, but I really like the small rooms that are really set up for music. The Rams Head in Annapolis would be a good example. Great acoustics and sound system. I also enjoy playing outdoors if the weather is nice. Key West is great for that!

10) Do you have any pets roaming around the Kirby household? Badger, 10 year old Chow/Husky mix

11) How many days each year are you on the road? This year it will be the better part of 5 months. There will be breaks during that time, but I don't expect to be home much during that time.

12) If you had not become a musician what would you have done for a living? )Hard to say, but something that would allow me to use the creative side of my brain! I enjoy the creative process and don't feel productive if I haven't written anything in a while.

13) Do you have a favorite television show? I don't watch a ton of TV but love Curb Your Enthusiasm on HBO

14) What is your favorite movie? Someone asked me that in another interview and I really couldn't pick one. I have seen so many and my brain is too cluttered right now to focus on thinking too hard!!

15) Name one thing about yourself that would shock your fans. How claustrophobic I get living in Key West after a few months. I'm dying to get out on the road!

16) Your songs are so beautiful, do they all come from personal experiences? Some are but not all. Often times I'll hear a funny phrase or story from someone that strikes me as good song material.

17) Where do you write most of your songs? I come up with ideas all the time and keep them in a journal. But the really hard work is almost always done somewhere in New England where I can get away by myself for a week or 2 of total solitude. Its often in the winter!

18) How does your family feel about having a TropicRock Star living with them? I think my mother enjoys the fact I am a singer/songwriter and doing what I have always wanted to do. My father was more skeptical but sure loved visiting Key West for a month or two every year! My wife enjoys music but is frustrated by how difficult the business side of the music industry is.

19) What is your favorite mode of transportation? As I said earlier, I love to travel but can't say that any one mode is my favorite. I absolutely loved travelling through France and Switzerland by train a few years ago. That was a highlight. But I also love driving through the wide open spaces of the American West and had a couple of amazing motorcycle rides through the rolling

countryside of Wisconsin recently. And of course there is nothing like sailing around the coast of New England, bouncing from one historic seaport to the next.

20 )What is your favorite food? I really enjoy eating ( which is obvious) but again can't really answer that as it depends on my mood. If I were on death row and had to choose one meal.....hmm. Now I've lost my appetite!

That's all for this month, please be sure to stop by Tiki Bar #7 next month! Thanks, *Marianne*

## **PARROT HEAD NEWS!!!!**

**Long Island Happy Hour**

**October Happy Hour**

**Sat the 15<sup>th</sup>**

**KC O'Malley's**

**162 Gardiner's Avenue**

**Levittown, NY 11756**

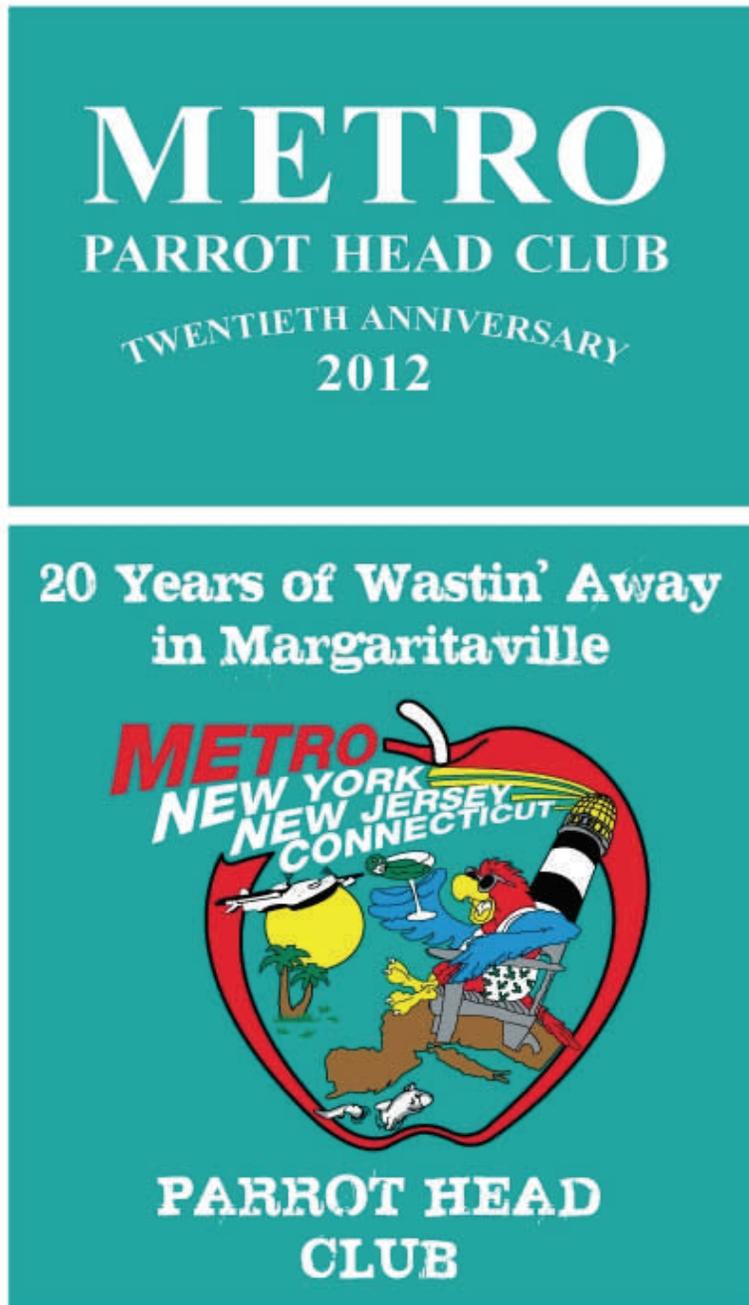
**7-11**

## **The Metro North Happy Hour**

The October and November happy hours have been cancelled and they will resume in December. They normally takes place on the second Tuesday of each month at 6:30 pm at the East Side Cafe in Norwalk, CT anyone planning on attending should RSVP to Carol a carpoh@aol.com so that table space can be reserved.

# METRO 20th Anniversary Shirt

## SHORT AND LONG SLEEVE



Comfort Colors by Chouinard—Lagoon Blue

Mens: Pre-shrunk 100% ringspun cotton 5.4 ounce(long sleeve 6.1 oz.), ribbed collar with set in sleeves and shoulder to shoulder taping, double-needle Stitching on neck, sleeve and bottom hem.

Ladies: Pre-shrunk 100% ringspun cotton 5.4 ounce, cap sleeve, 1/2" ribbed collar with shoulder to shoulder taping, double-needle stitching on neck, sleeve and bottom hem.

**METRO 20<sup>th</sup> Anniversary**  
**Short & Long Sleeve T-Shirt Order Form**  
**THESE SHIRTS ARE AVAILABLE AS A**  
**SPECIAL ORDER LIMITED ADDITION ONLY.**  
**ORDER DEADLINE IS NOVEMBER 5, 2011**

Metro PHC  
CHECK SHOULD BE PAYABLE TO: METRO PHC  
MAIL CHECK AND THIS FORM TO:  
TOM DALTON  
53 VALLEY AVENUE  
SMITHTOWN, NY 11787

Name \_\_\_\_\_

Mailing address \_\_\_\_\_

\_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

**SHORT SLEEVE**

Mens: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL Total \_\_\_\_\_ x \$20.00 = \$ \_\_\_\_\_

\_\_\_XXL \_\_\_XXXL Total \_\_\_\_\_ x \$24.00 = \$ \_\_\_\_\_

Ladies: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL Total \_\_\_\_\_ x \$20.00 = \$ \_\_\_\_\_

\_\_\_XXL Total \_\_\_\_\_ x \$24.00 = \$ \_\_\_\_\_

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**LONG SLEEVE**

Mens: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL Total \_\_\_\_\_ x \$26.00 = \$ \_\_\_\_\_

\_\_\_XXL \_\_\_XXXL Total \_\_\_\_\_ x \$30.00 = \$ \_\_\_\_\_

Ladies: \_\_\_S \_\_\_M \_\_\_L \_\_\_XL Total \_\_\_\_\_ x \$26.00 = \$ \_\_\_\_\_

\_\_\_XXL Total \_\_\_\_\_ x \$30.00 = \$ \_\_\_\_\_

Shipping is included in the above costs

Total Enclosed \$ \_\_\_\_\_



# Growing Older But Not Up!

## October Birthdays

**October  
New Members**

Brett Auletta  
Sandy Janson  
Theresa Pinola  
Barbara Zalewski

**Bahama  
Breeze**

1 oz Dark Rum  
1/2 oz Banana  
Liqueur  
1/2 oz Apricot  
Liqueur  
1/2 oz Coconut Rum  
1/4 oz Grenadine  
1/4 oz Honey  
1/2 oz Lemon Juice  
1 oz Orange Juice  
1 oz Pineapple juice

Blend well, serve with  
garnish and ice cubes  
in a tall glass.

Craig Beierlein	1	Migration
Jim Montgomery	2	He Went to Paris
Rodney Olsen	7	Pascagoula Run
David Shapiro	7	Cheeseburger in Paradise
Tammy Robert	8	Margaritaville
Jennifer Gruenheid	9	All
Denise De Gennaro	10	Happily Ever After
Angela Shapiro	11	Margaritaville
Matthew Mayhew	14	5 O'clock Somewhere
Liz Martiello	18	Banana Republic
Murray Rosenthal	18	Livingston Saturday Night
Robert Mackay	19	Come Monday
Ira Turner	19	Why Don't we get Drunk
Nancy Funt	22	Fins
Andrew Udalovas	22	Depends on my Mood
Greg Higgins	24	I love this Town
Lori Warnokowski	24	Back to the Island
Ron Sass	25	Margaritaville
Jim Martiello	26	Migration
Mark Funt	29	Southern Cross
Susan Koenig	29	One Particular Harbor
Doug Smith	30	Fins
Kathleen Jacquette	31	It's 5 O'clock Somewhere

We are always looking for Stories, pictures and articles. Please send whatever you would like to share. If we miss your birthday or any of the information is incorrect please drop us an email @ [metroparrot1@aol.com](mailto:metroparrot1@aol.com)

Thank you  
Eric & Lorraine

## The Colors of Friendship

“Ours are neon orange.” “Mine is lime green.” “Ours are hot pink.” “Mine’s white.” “Yellow here!”. The posts on Facebook in the past 24 hours have started and most, if not all, are also accompanied by such comments as, “Yahoooooo,” “wheeeee,” and “Yeah baby!” The postcards have begun to arrive. For those of you who are new Metros or have never been to Meeting of the Minds, let me explain. MOTM is the gathering of all of the member clubs of PHIP, (which is our mothership,) in Key West every November. The postcards are your confirmation of registration for the convention. For those of us who have already been to MOTM, you know what I am talking about. For those of you who are “MOTM Virgins,” well.....you’re gonna find out, so I’m not giving anything away here.

It is the start of what I like to call MOTM Season. Personally, the countdown began on my desk calendars both at work and at home from about day 300! As I write this article, we are at day 30 till we find ourselves landing in Miami for the “drive down the Keys.” Now I don’t know for sure about anyone else, but I really suspect that like me, some of you have had days at work where just the thought of another meeting makes you want to bang your head against the wall screaming “no, no, not again!” Well, my friends, I have found a more palatable way to face some of these unpleasant days. Like I said, my desk calendar has a “count-down” on it, and I have pictures of some of my best Metro friends at events and parties in frames running along shelves in my office along with photographs of the Atlantic and the beach taken from the Casa Marina. I have CDs of the Goombas, Jimmy Buffett, Scott Kirby and Peter Mayer, just to name a few always playing in the background, and I have found that remembering and anticipation is some of the best medicine for getting rid of the bad days at work.

Yes, Metros, it is MOTM Season. To some of us, it is like Christmas, Hanukah, our birthdays and the Fourth of July all wrapped up in one. How many of us can claim to take a vacation with 3500 of our closest

friends? And when you really think about it, a lot of us have expanded our friendships from the Metro PHC to a lot of other Parrothead clubs. Many of us can claim we now have friends in several other states. Through the years I have made friends with folks from New Hampshire, Massachusetts, North Carolina and Florida. We talk and swap stories on Facebook all the time. I'm sure there are many other stories still to be told, and this year will be yet another chapter in the book of Key West Adventures.

Yes, the anticipation of it all is a significant part of the whole experience. We talk about such things as "where we are staying," "which flight did you get?" and "let's go together." We are like kids waiting for the last day of school. It is a time when we can shed our business suits and responsibilities. We don our shorts, tank tops, (and yes, don't forget the sunscreen!) to park ourselves next to our friends on barstools and in beach chairs with a boatdrink or two listening to the sounds of the steel drums. As the glistening green Atlantic gently laps the beach, we will spend a few beautiful sunny November days in Key West with our best friends. And yes, for those of us who were there last year, even the rain drenched night of the Morris concert was a "dancing in the street blast!"

Though we are together all year long celebrating Metro events, parties, Happy Hours, weddings, graduations, dinners out together and the like, there is just something about being in Key West together that seems to be the pinnacle of all of it.

So, who would have thought that a simple thing like a neon colored postcard that doesn't even have a picture on it could evoke such wonderful thoughts? Well, my friends, that's what the postcards mean to me, and I suspect, to a lot of you too.

This year's pictures will be up in the frames in my office come the middle of November and they will see me through with a new calendar until the next postcards arrive and the countdown starts again.

So, here's to the happy times ahead for us. Rain or shine it's going to be a blast both day and night.

Get ready to take off those shoes and walk in the sand. Discover a hammock between two palm trees, and dance in the middle of Duval Street.

For those of us who are fortunate enough to be able to attend this year, I say to you, "Boatdrinks up and see you all at the end of the road."

Lorraine Rosen